

## Race description

### WQF World Cup Race QUAD Deutschland-Cup



## Kassel Sprint European Championship

May 10<sup>th</sup> 2026

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Version 06.10.2025

### Distances

0.5 km swimming – 18 km cycling – 5 km paddling – 5 km running

### Organiser

- Wassersport-Vereinigung Cassel e.V. (Bernd Scheller)
- Phone: +49 5651 - 33 10 80
- Mobil: +49 160 - 91478996
- Email: [quadrathlon@wvckassel.de](mailto:quadrathlon@wvckassel.de)
- Internet: <https://wvckassel.de/index.php/veranstaltungen/65-europameisterschaft-quadrathlon>

### Event Venue

- Club Grounds WVC
- Auedamm 23, 34121 Kassel, Germany

### Categories

- Solo (age groups) (from age group 2009)
- Relays (from age group 2011)
- Awards:
  - Cups for overall places 1–3 men and women
  - Up to four individual prizes (not yet determined) Relays places 1–3
  - Medals for places 1–3 in each age group

### Timetable

- World Cup awards ceremony
  - Saturday, 9 May 2026, from 8 p.m.
- Race number distribution and body marking:
  - Saturday, 9 May 2026, 6–8 p.m.; Sunday, 10 May 2026, 6–8 a.m.
- Check-in:
  - Sunday, 7:45–8:15 a.m.
- Competition briefing:
  - Sunday, 8:15 a.m. is mandatory
- Start:
  - Sunday, 8:45 a.m.
- Time limit:
  - Sunday, 11:00 a.m. Cycling route, the road will be opened to public traffic!!! Athletes who have not yet completed 3 laps will be disqualified.
- Award ceremony:
  - Sunday, 12:00 p.m.

## Registration

- Individual Starter:
  - 55 € till 05.05.2026, 24 h  
(+ 10 € German starters who do not have a QUAD start pass)
  - last regular registration option: 05.05.2026  
Late registrations possible on race day
- Relay Teams:
  - 75 €
  - last regular registration option: 05.05.2026  
Late registrations possible on race day

A fee of €10 will be charged for late registrations or changes to registrations. The fee must be paid exclusively by bank transfer to the specified account. Confirmation of participation will be provided once the entry fee has been received in the organiser's account. The full entry fee must be transferred to the specified WVC Kassel account.

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Intended use: WVC-Quadrathlon Kassel 2026

In the event of non-participation or force majeure, the entry fee will not be refunded. If the 4th WVC Quadrathlon is cancelled due to official measures or restrictions, e.g. due to a pandemic (e.g. SARS-CoV-2), we will refund the entry fees. However, in order to cover at least part of the costs incurred for the event up to that point, we will retain an amount of €10..

- Registration page:  
<https://triathlon-service.de/veranstaltungen/anmeldung.php?veranstaltung=15>
- Starting list:  
<https://triathlon-service.de/veranstaltungen/teilnehmerliste.php?veranstaltung=15>
- Results after the race (including certificate printing):  
Shortly after the competition on site

## Time measurement

Timekeeping using a rental transponder, which must be worn on the right wrist.  
Included in the race documents, carried out by Triathlon-Service Andreas Burow.

## Maps on the following pages

- **Swimming:** A marked lap will be swum in the Fulda. The start is located to the right of the jetty and swimmers will swim anti-clockwise. A kayak will lead the way.  
Swimmers must wear their own swimming cap, which should be as bright as possible.  
The organiser will not provide caps!
- **Cycling:** You will cycle three laps on the Auedamm.  
The route is closed to other traffic.
- **Paddling:** A 5 km circuit is marked with buoys in the Fulda.  
This must be completed once in an anti-clockwise direction.
- **Runing:** The race starts at the Fulda River and leads through the BUGA grounds..

## Transition Zone

Check in at the transition area from 60 minutes before the start.  
Bicycles must be collected from the transition area by 2 p.m. at the latest.  
After this time, the transition area will no longer be supervised.



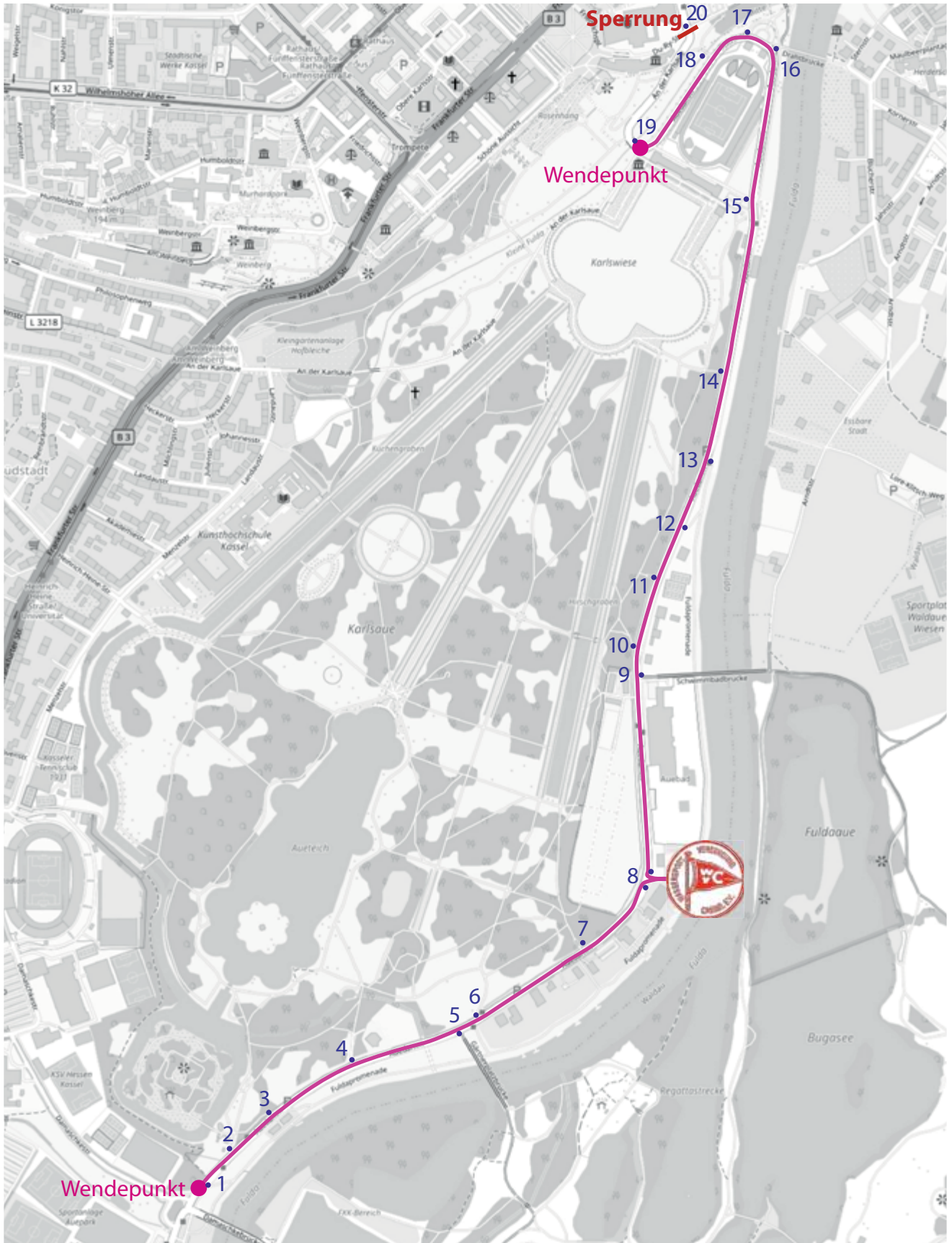
Swimming  
1 lap = 500 m



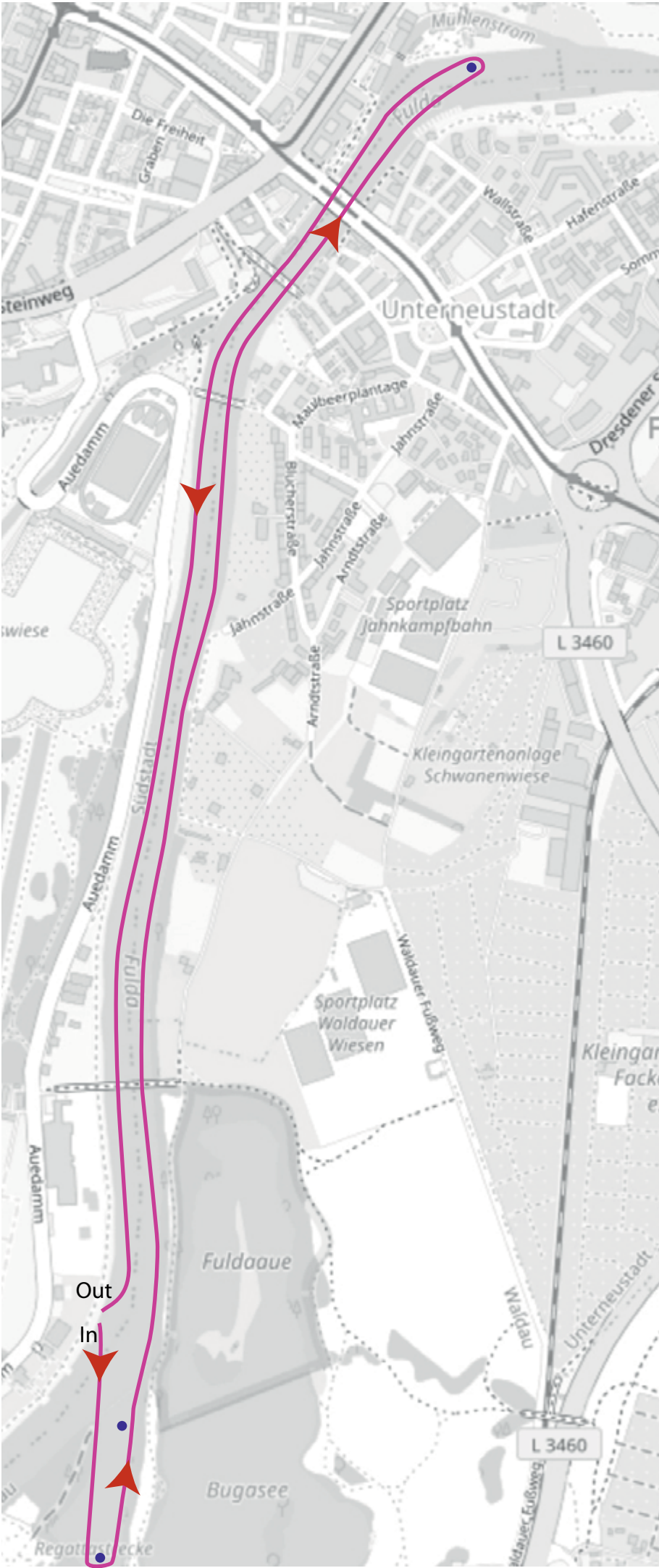


## Cycling (3 laps = 18 km)

Support vehicles are prohibited on the course. Cycling helmet: A cycling helmet with a closed chin strap must be worn during all competitions. The cycling helmet must be worn on the head with the chin strap fastened during check-in. During the competition, the helmet must be worn fastened before the bicycle is picked up and until it is parked in the transition area. The organiser accepts no liability for theft or damage.



Paddling route  
1 lap = 5 km





## Running

1 lap = 5 km



## Catering

– Food and drinks during the race and after crossing the finish line

## Regulations

The event is based on the competition rules of the German Quadrathlon Alliance e.V. and the World Quadrathlon Federation. These can be viewed at <https://quadrathlon-online.de/quad/QUAD-Sport-und-Wettkampf-Ordnung.pdf> and <http://www.quadrathlon-online.de/wqf/WQF-Sport-Order.pdf>

By registering, the participant accepts the competition rules, the legal and procedural regulations, the disciplinary regulations and the terms and conditions of the organiser as set out in the announcement as binding.

– Abstract:

- No drafting on bikes
- The helmet must be fastened at all times.
- The centre line must not be crossed.
- The race number must not be worn under the wetsuit.
- Prohibition on littering on the track

## Additional Informations

- **Each participant is responsible for the technical safety of their own equipment!**

### **Statement of consent**

By registering, I accept the WQF and QUAD sports regulations. I declare that I am healthy, insured with a health insurance company and in sufficient physical condition to participate. I confirm that the information I have provided is correct and that I will not pass on my start number to other persons. I also confirm that I will not assert any legal claims against the organiser.

### **Data protection regulations**

The personal data provided by the participant during registration will only be stored and processed for the purpose of organising and running the event. The participant agrees that the data provided in the registration form may be collected and passed on for the purposes of timekeeping, ranking and determining results, and that photos, film recordings and interviews made in connection with the event may be published without any claim to remuneration.

The data provided during registration will remain stored even after the event.